

DISCONNECT TO RECONNECT: CLOUD FOREST AND COFFEE HACIENDA



Program designed for:
TMLA 2024

Travel Dates:
PRE TMLA: Sept 16 or
POST TMLA: Sept 21, 2024

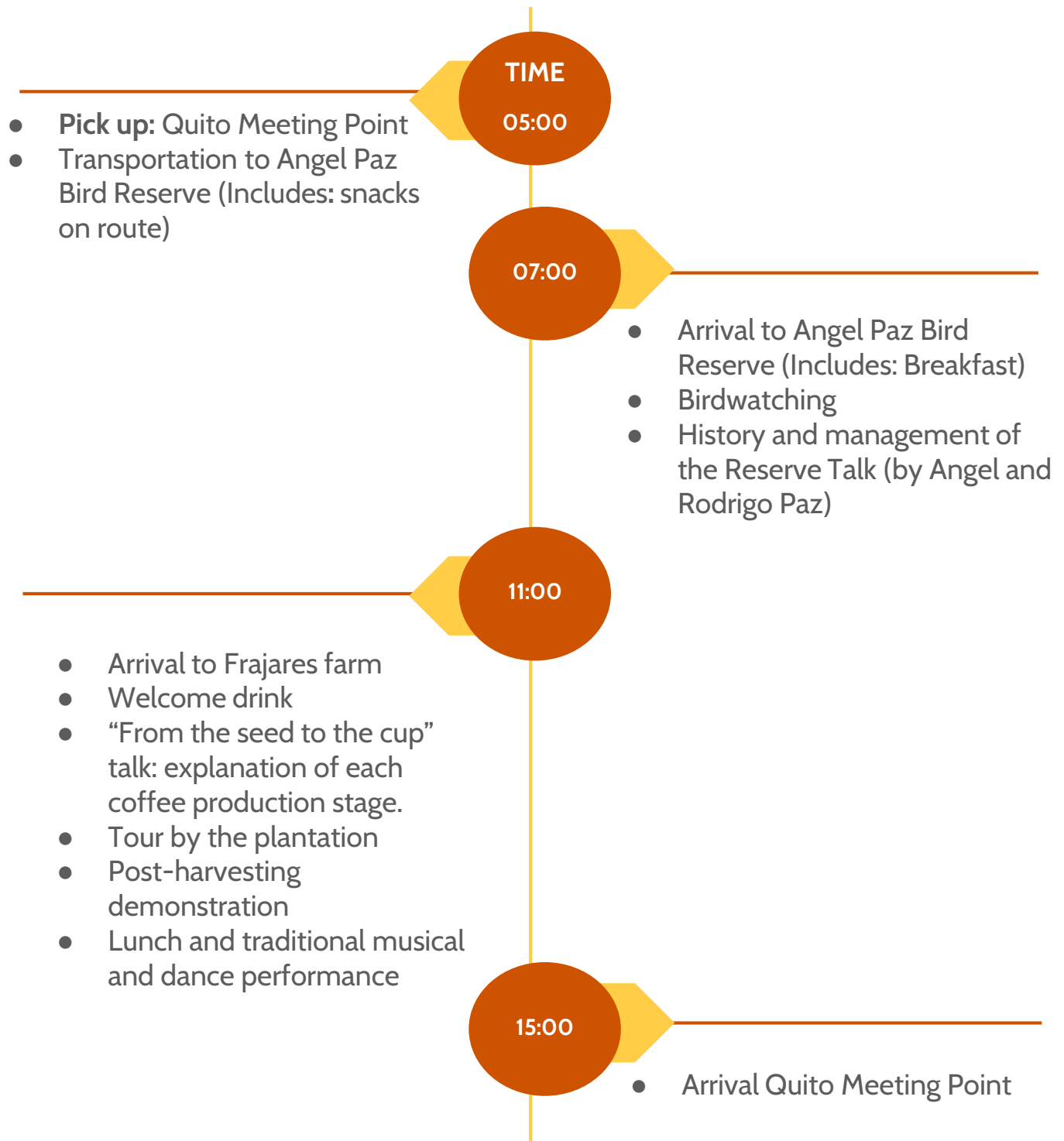
Passenger count:
10

Trip Style:
Comfort

TOUR HIGHLIGHTS:

- Explore the natural wonders of the Ecuadorian Choco Ecosystem.
- Get adventurous at the Cloud Forest.
- Enjoy one of the best bird watching refugees
- Relax at pristine locations.

YOUR ITINERARY IN A NUTSHELL





DAY TOUR:

QUITO - PAZ DE LAS AVES
REFUGEE - FRAJARES COFFEE
HACIENDA



Embark on a Day-Tour that embodies the essence of wellness, "Disconnect to Reconnect", a journey starting in the bustling city of Quito and leading into the heart of nature's serenity. Your day begins with a refreshing drive to Refugio Paz de las Aves, nestled in the unique Chocó Andino, an Important Bird and Biodiversity Area (IBA). Here, under the pioneering guidance of Angel Paz, witness the harmony of conservation efforts as you're introduced to a sanctuary brimming with grallarias and hummingbirds, symbols of the Andes' vibrant life.

After a peaceful trek through the misty trails, indulge in a nourishing breakfast surrounded by the soothing sounds of the forest, a true sensory delight.

The journey continues to Frajares, a high-altitude coffee hacienda where the air is as rich as the coffee. Here, you'll engage in an authentic coffee tasting experience, understanding the meticulous process from bean to cup. Relish a locally sourced lunch while you are captivated by the enchanting rhythms of an Andean music presentation, a cultural expression that invites you to reconnect with Ecuador's traditional roots.

Conclude your day with a tranquil return to Quito, carrying with you the pure essence of the Andean spirit, a renewed sense of connection to the natural world, and the unforgettable memories of a day spent in the embrace of Ecuador's majestic landscapes.

Includes:

Meals: Breakfast, Snack and Lunch

Excursions: Visit to Angel Paz & Finca Frajares

Transport: Transfer to/from Quito meeting point with English speaking guide and driver





PACKING LIST:



Essentials

- Backpack to protect valuables such as cameras, smartphones, etc. (dry sack suggested for electronic devices)
- Sunscreen and insect repellent are a must-have and should be applied constantly throughout the day
- Sunglasses
- Any daily or emergency medicines (inhaler, etc.)

Clothing

- Lightweight active long sleeved shirt
- Lightweight travel pants (avoid tight clothing)
- Waterproof hiking shoes and/or boots
- Light sport jacket
- Lightweight/waterproof jacket
- Long socks (to prevent bug bites)
- Large hat that can cover the neck (to prevent sunburns).

Suggestion

- Walking sticks (if needed for short hike during bird watching activity)

Notes:

- Tips are not included. You may tip directly to the service suppliers.



DMC ECUADOR & GALAPAGOS



We look forward to welcoming you in Ecuador!

Price:

- Accordingly for TMLA participants (Buyer priority first)

Contact

- **COMPANY NAME:** Andean Travel Company - ATC
- **TOUR NAME:** Day tour Disconnect to Reconnect
- **CONTACT PERSON FOR QUESTIONS AND RESERVATIONS:**

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