

Tour Offered by Tierra del Volcan **COTOPAXI VOLCANO HACIENDAS & COWBOYS**

3 DAYS/2 NIGHTS

DATES: SEPTEMBER 21-23, 2024

START LOCATION: QUITO

Price: Complimentary for TMLA participants (Buyer priority first)

Contact Person for Questions and Reservations: Maria Avila - sales@tierradelvolcan.com



Explore and live *Legendary Moments* while experiencing world-class adventures, sustainable journeys, and transformational experiences.

Thank you for choosing Tierra del Volcan to be your accomplice on this exciting adventure. We want you to live *Legendary Moments* with us, which is why I have prepared (with a lot of love and detail) this program which offers the best of the Cotopaxi Region. From its flora, fauna, culture, and traditions, you will experience all the must-sees in the area.

TRIP HIGHLIGHTS

- Stay in a unique traditional hacienda in the highlands of Los Andes
- Immerse yourself in the local culture, its cuisine, and folklore.
- Encounter one of the highest active volcanoes in the world.
- Experience unique activities like our horse encounters.

Welcome, mi casa es su casa!

ITINERARY



Brief Itinerary 3D/2N

DAY 1. Santa Rita Ecological Reserve and Cooking in the Clouds

DAY 2. Horse connections and afternoon pick your adventure

DAY 3. Cotopaxi National Park Exploration and Pachamama Gratitude Ceremony

Level of Difficulty

Technical Level	Physical Effort
Beginner	Low

Detailed Itinerary

DAY 1. Santa Rita Ecological Reserve and Cooking in the Clouds (September 21)

Early in the morning at 8:30 am we leave Quito and head towards Hacienda El Porvenir. Along the scenic route, we'll make a stop at the Santa Rita Ecological Reserve to visit the most impressive waterfalls in the region. We are going to have a nutritious local snack here and then continue our drive to El Porvenir.

We'll be greeted with a local delicious lunch and in the afternoon, we'll have our Cooking in the Clouds lessons. We will learn to prepare our famous cheese empanadas, followed by the elaboration of aji. Aji or chili sauce is a very important part of Ecuadorian cuisine. The recipe varies from home to home. Here at Hacienda El Porvenir, you will learn how to make it the traditional way, on a stone mortar and seasoned with various herbs and spices. At last, we will learn how to prepare the delicious canelazo, a traditional hot drink that is served at celebrations in the Highlands of Ecuador. After the class, you will enjoy your preparations next to a crackling fireplace. Overnight stay at Hacienda El Porvenir. (Lunch/Dinner).

DAY 2. Horse connections and afternoon pick your adventure (September 22)

After a traditional Hacienda breakfast, we will explore a transformative journey beyond conventional tourism with our Horse Connection program, where our horses, empowered by their intuitive abilities, mirror your behavior, and guide you, leading you to connect with your authentic self and embrace a more present and emotionally connected momentum. Join us on this extraordinary adventure where the horse becomes your guide, showing the path toward self-discovery, wholeness, and acceptance. This activity can last between 2- 3 hours. Participants do not ride on the horses; you will be at ground level. No previous experience is required. All our activities are optional and alternative activities can be arranged, but we encourage participants to come to experience this unique experience developed in harmony with horses.

In the afternoon we have activities a la carte from Hacienda El Porvenir's menu, you'll have the opportunity to choose from a variety of exciting activities: horseback riding, lassoing and hacienda life, high ropes, or biking. Each of these activities offers a unique and thrilling experience that will complement your day in the Ecuadorian Andes. Late afternoon downtime by the fire. Enjoy some local drinks. (Breakfast/Lunch/Dinner).

DAY 3. Cotopaxi National Park Exploration and Pachamama Gratitude Ceremony (September 23)

In the morning, you will have the great opportunity to immerse yourself in a fantastic day trip of exploration to the iconic Cotopaxi National Park. Home of herds of wild- truly wild- horses, Andean foxes, and deers. Where migratory birds stop by to get some rest on their way South.

The location is the perfect place to learn about Andean geology, with Paschoa, Rumiñahui, Sincholagua, and Cotopaxi Volcano being the hosts. We will then come back to Hacienda El Porvenir and have lunch to later participate in a small Pachamama gratitude ceremony for our Earth. Return to Quito. (Breakfast/Lunch)

Tour Includes

- Accommodation (based on single occupancy at Hacienda El Porvenir)
- Described meals and soft drinks
- Explorers Club cocktail. One per person.
- Described activities
- English-speaking guides and Facilitators
- Transport from and to Quito
- Entrance to APU Mountain SPA wet area at El Porvenir
- Entrance to Santa Rita Ecological Reserve
- Entrance to the Rose Plantation

The tour does not include

- Insurance
- Tips
- Alcoholic drinks
- Anything else not described on the tour

NOTE: The itinerary is subject to change due to weather conditions.

NOTE: To participate in this tour, you must sign our WAIVER OF LIABILITY.

NOTE: We recommend you buy a travel health insurance plan.



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